



## DIY All-Purpose Salve

For dry hands, as a nighttime face cream, as a hair product, and more!

**Makes 5-8 small (85 gram) jars or 2 large (200 gram) jars**

### Ingredients:

- 480 mL olive oil\*
- 240 mL coconut oil
- 200-250 grams beeswax (in pellets, or cut into small pieces)\*\*
- 25-30 drops of essential oil (your choice!)

\* The olive oil can be substituted with grapeseed oil, argan oil, or any other skincare oil. You can also use a combination oils!

\*\* You can add more or less beeswax depending on which texture you like (more beeswax = harder salve).

### Directions:

- Fill a pot halfway with water, then place an empty glass jar inside it to create a bain-marie. Place the pot on medium heat.
- Add the oils and wax; stir until they are melted together.
- Remove the pot from the heat and slowly stir in essential oils (I like to do this a little at time to avoid an overwhelmingly strong scent).
- Carefully pour the hot mixture into individual containers and let them set. Depending on the beeswax-oil ratio, this can take 30 minutes to two hours.

### Essential Oil Recommendations:

- Tea tree: for skin problems
- Peppermint: for colds and respiratory issues (as a chest rub). Use sparingly!
- Lavender: for a relaxing nighttime face cream

